



Department of Health and Social Services
Division of Public Assistance
CHILD CARE ASSISTANCE PROGRAM

For Office Use Only

Date Received

APPROVED PROVIDER HEALTH AND SAFETY REQUIREMENTS

Retain a copy for your records

To participate in the Child Care Assistance Program as an Approved Provider, **I understand that I must:**

1. Be at least 18 years of age.
2. Provide care for no more than a total of five children under 13 years of age, including my own children under 12 years of age. No more than two (2) may be under the age of 30 months. Each child receiving full or part-time care must be counted, whether present or not, is counted toward the maximum allowed until that child no longer receives care from the provider.
3. Be related to all children in care if I am an Approved Relative Care Provider; and the child in care is a grandchild, great-grandchild, niece, nephew, great-niece, great-nephew, or sibling. If a sibling, I must live in a separate residence.
4. Certify that each resident in my facility, including myself, is not prohibited from providing care under Alaska Regulation 7 AAC 41.205, *Child Protection and Criminal History*.
5. Ensure that any person in contact with children in my care is responsible and exercises sound judgment; does not abuse a child or engage in an exploitive or sexual act with a child; and is free of any physical, behavioral, or domestic violence problem that would pose a significant risk to the health, safety, or welfare of children in care.
6. Directly provide care and supervision of children except in an emergency when an identified substitute provider of good reputation and character may provide care for part of a day, or when using a substitute provider who is also approved as a participating provider.
7. Provide a parent access to their child whenever the child is in care.
8. Maintain a functional telephone or other identified means of communication.
9. Keep emergency information on each child and update at least every six months. Contact the child's parent in case of illness or injury. In case of emergency situations such as fire, child's death, serious injury or illness which requires outside medical personnel report immediately to the CCPO or designee.
10. Administer medication to a child in my care only with the written permission of the child's parent.
11. Obtain first aid and cardiopulmonary resuscitation (CPR) certification within 6 months of approval.
12. Maintain a first aid kit and follow the procedures in 7AAC 41.230.
13. Be able to prevent exposure of children to risks, including exposure to physical hazards and encounters with persons or animals posing a possible danger.
14. Ensure medications and alcohol are not accessible to children in care; and ensure alcohol and illegal controlled substances are not used during the hours children are in care.
15. Ensure that my child care home is free of fire hazards.
16. Submit a copy of a disaster preparedness and emergency evacuation plan that ensures the complete evacuation of children, including children with limited mobility, within 150 seconds during an emergency.
17. Ensure that my child care facility has at least two (2) means of emergency escape that are remote from each other and that provide unobstructed access to the outside of the building; at least one (1) means of emergency escape must be an exterior door.
18. Conduct and document emergency evacuation drills at least once a month, unless postponed due to severe weather.
19. Have at least one working smoke detection device that is less than 10 years old and that is AC primary power or monitored battery powered smoke detection device and at least one fully charged 2A:10BC dry chemical fire extinguisher strategically located on each level of my facility.
20. When heating or cooking with oil, wood, natural gas or propane, ensure an operating carbon monoxide detector is installed in each hallway outside of, or within, each sleeping area; and regularly inspect, test and service the detector. (If facility is more than one level, at least one operating carbon monoxide device must be installed on each level).
21. Maintain a smoke-free home and vehicle environment. (In accordance with Alaska Regulation 7 AAC 10.1085 *Smoking*; smoke-free means that smoking accessories (ash trays, lighters, etc) are not visible or accessible to children and no smell of smoke from cigars or other smoking products is evident in the home or vehicle.

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22. Adhere to the requirements of 7 ACC 41.240 such as animals kept in my facility have all required immunizations, are free of any communicable diseases, and provide proof of compliance upon request.
23. Take precautions against the spread of infectious disease by washing my hands for at least 10 seconds with soap and water and rinse them with water:
 - o Before food handling, preparation, serving, eating, or table setting;
 - o After toileting or assisting a child with toileting and after diapering a child;
 - o After handling an animal, animal waste, or an animal cage;
 - o Before and after giving medication;
 - o After participating in moist play such as painting, cooking or molding clay;
 - o When hands are contaminated with bodily fluids;
 - o After nose wiping; and
 - o Encourage children to wash their hands at similar times.
24. Install and maintain hot water temperature controls so that hot water delivered to plumbing fixtures accessible to children is not more than 120 degrees Fahrenheit.
25. Ensure that children in my care have all immunizations required.
26. Transport children in safe vehicles using appropriate child restraints.
27. Take the necessary precautions to make my child care home free of hazards that can cause injury or disease to children both inside and outside the building keeping my child care facility in a clean, safe and sanitary condition.
28. Maintain clean and sanitary toileting facilities.
29. Comply with the diapering procedures outlined in 7 ACC 41.225.
30. Convey, store and dispose of solid waste to minimize odor; avoid attracting or harboring pests.
31. Store cleaners, medicines, and other harmful substances in a place inaccessible to children.
32. Maintain safe and sanitary equipment and supplies for diapering and toileting infants and toddlers.
33. Install outlet covers on electrical outlets that are accessible to children under age five (5).
34. Install and use safety gates to prevent access to stairs for infants and toddlers.
35. Obtain furniture and play equipment that is durable, safe, and easy to clean, and keep clean and in good repair.
36. Ensure that firearms in my child care home are unloaded and stored in a locked gun safe or other locked place inaccessible and not visible to children. (Ammunition must be stored separately from the firearms in a place that is inaccessible to children and the provider must tell each parent that firearms are present in the facility.)
37. Provide supervision of all children in my care appropriate to each child's age and developmental needs and adequate to prevent injury.
38. Provide daily activities to promote a child's individual physical, social, intellectual, and emotional development that includes time for meals, snacks, sleep, toileting, and indoor and outdoor exercise according to individual needs.
39. Ensure that children in care are not subject to corporal punishment. Corporal punishment means the infliction of bodily pain as a penalty for a disapproved behavior; it includes shaking, spanking, delivering a blow with a part of the body or an object, slapping, punching, pulling, or any other action that seeks to induce pain.
40. Provide sufficient nutrition so that:
 - o A child is fed nutritious meals and snacks according to individual need;
 - o An infant is fed on demand; and
 - o Except for medical reasons, a child is not denied a meal or snack, force fed or otherwise coerced to eat against the child's will.
41. Maintain sanitary areas for proper care, storage, refrigeration, and preparation of food, ensuring that food is not adulterated; and wash fruits and vegetables with potable water before use.
42. Have an ample supply of safe, drinkable water in my child care home.

CERTIFICATION OF HEALTH AND SAFETY REQUIREMENTS

I certify that I meet and will continue to meet each of the health and safety requirements of 7 AAC 41 – Child Care Assistance Regulations, summarized in this document.

I understand that failure to meet these requirements at any time may result in probation, suspension or termination from participation in the Child Care Assistance Program as an Approved Provider.

Printed Name of Provider's Authorized Agent

Signature of Provider's Authorized Agent

Date