

**Questions and Answers about TEFRA  
and Home and Community Based (HCB)  
Waiver Services**

**Q. What is the difference between TEFRA  
and Home and Community Based  
(HCB) Waiver services?**

A. TEFRA provides standard Medicaid medical coverage. A federal waiver allows the state to offer additional home and community based services on a limited basis. These additional "waiver" services include respite care and environmental modification of the home that are designed to allow a child to remain at home instead of living in a long-term care facility. Eligibility for these services require a child to need a level of care that would be provided by either a skilled nursing home or an intermediate care facility for the mentally retarded.

**Q. Does being eligible for TEFRA automatically qualify my child for Home and Community Based Waiver services?**

A. No. However, many children who are eligible for TEFRA may be eligible for waiver services. Funds are limited so your child may need to wait for these additional services.

**Q. How can I start the waiver process for my child while he or she is receiving TEFRA?**

A. To request Home and Community Based Waiver Services, contact the Division of Senior and Disabilities Services (DSDS) at 1-800-478-9996 outside of Anchorage or 269-3666 within Anchorage. A DSDS program specialist can discuss the waiver options and refer you to an agency in your area that can assist you in starting the process for your child.

**TEFRA Contacts:**

**Division of Public Assistance:**

Statewide Specialized Medicaid Unit:  
(907) 269-8950 or 1-800-478-4372

**Long Term Care Coordinator:**

(907) 269-7854

**QUALIS Health:**

In Anchorage: (907) 550-7600  
Outside Anchorage: 1-888-578-2547  
Website: <http://qualishealth.org/patients-families/alaska-tefra>

TEFRA Medicaid is based on state regulations at 7 AAC 100.424 and 7 AAC 140.600, and federal regulations at 42 CFR Part 435, Subparts G and F.

HCB waiver services are based on state regulations at 7 AAC 100.002(d)(8) and 7 AAC 130, and federal regulations at 42 CFR 435.217.

**State of Alaska  
Department of Health & Social Services  
Division of Public Assistance  
<http://dhss.alaska.gov/dpa/>**



**State of Alaska  
Dept. of Health & Social Services  
Division of Public Assistance**

**TEFRA:  
Medicaid for Disabled  
Children Living At  
Home**



Bill Walker, Governor, State of Alaska  
Valerie Davidson, Commissioner  
Dept. of Health & Social Services

## What is TEFRA?

The term “TEFRA” comes from the Tax Equity and Fiscal Responsibility Act of 1982 that authorized this Medicaid category. TEFRA is a specialized category of Medicaid for disabled children living at home, who do not qualify for Supplemental Security Income (SSI) due to parental income, and meet the following disability requirements.

### Social Security Guidelines

A child must have a medical, developmental, or psychiatric condition that fits the Supplemental Security Income definition of child disability. That means the child must have a physical or mental condition that very seriously limits his or her activities; **and** the condition must have lasted, or be expected to last, at least 1 year or result in death. SSI and Medicaid use the book *Disability Evaluation Under Social Security* (also known as the Blue Book) to determine if a child meets the definition of child disability. This book lists childhood impairments (conditions) that qualify. It is available on the Internet at <http://www.ssa.gov/disability/professionals/bluebook/ChildhoodListings.htm>

**The child does not have to apply for SSI in order to be eligible for TEFRA.**

### Level of Care Requirements

The child also must need a high level of care that would be provided in one of the following types of facilities:

- Skilled or intermediate nursing facility
- Inpatient psychiatric hospital
- Intermediate care facility for the mentally retarded

The purpose of the TEFRA Medicaid category is to allow children needing a high level of care to live at home rather than in a medical institution like a nursing home.

### What are the financial eligibility requirements for TEFRA?

In addition to the disability requirements, a child must meet all of the following conditions:

- Be under 19 years of age.
- Live in their parent’s home.
- In 2015, have a monthly income of \$2,199 or less.
- Have resources of \$2,000 or less.

## Who is involved in a TEFRA eligibility decision?

The **Division of Public Assistance (DPA)** receives an application for assistance, determines financial eligibility, begins the disability determination process, communicates with QUALIS Health, and issues Medicaid benefit coupons.

**Disability Determination Services (DDS)** completes a disability determination using Social Security rules. This decision is reported to the DPA eligibility team.

The **Care Coordinator** completes the assessments for level of care and the plan of care for special medical services needed by your child.

**QUALIS Health** makes the level of care decision and approves the plan of care for the child who needs a level of care that would be provided in a skilled nursing facility or inpatient psychiatric hospital once the care coordinator has completed the assessment process. QUALIS Health also makes referrals to the Division of Senior and Disabilities Services for an evaluation for children who need a level of care that would be provided in an intermediate care facility for the mentally retarded.

The **Division of Senior and Disabilities Services (DSDS)** makes decisions concerning children who need a level of care that would be provided in an intermediate care facility for the mentally retarded and reports the decision to QUALIS Health. They also complete an Inventory for Client and Agency Planning (ICAP) evaluation if the child is over age three.

## How does my child apply for TEFRA?

To determine TEFRA eligibility, the parent must:

1. Complete an Application for Medical Assistance for Adults and Children with Long Term Care Needs (MED 4) and submit the application to the nearest DPA office listed on the back of this brochure;
2. Complete an interview with DPA eligibility staff;
3. Complete a Child’s Medical History and Disability Report (MED 1) questionnaire;
4. Sign six Authorization for Release of Protected Health Information (MED 2) forms;
5. Submit the above documents, and current medical, developmental, psychological or other information to the caseworker;
6. Contact QUALIS Health at (907) 550-7600 or 1-888-578-2547 for a listing of care coordinators in their community;
7. Contact and select a care coordinator who will complete the initial assessment and annual reassessments; and
8. Cooperate with the care coordinator in completing all paperwork for the level of care determination. For children who need a level-of-care that would be provided in an intermediate care facility for the mentally retarded, this includes cooperating with and keeping all scheduled appointments with the Division of Senior and Disabilities Services.

### What information is needed for a disability determination?

The following information should be submitted with the MED 4 application, if available:

- Individual education plans;
- Current infant learning program assessments;
- Current medical records with diagnosis and treatment