

**How do I apply?**

For Public Assistance programs or Heating Assistance, you can call the number listed in this brochure for an application. For Medical Assistance you can apply online at: <https://my.alaska.gov>. For all programs, you can apply at your local office or village fee agent. They will help you apply for a program.

**Is there a website where I can learn more?**

Yes, get more information about Heating Assistance or other public assistance programs at: <http://hss.state.ak.us/dpa/>

**How will I know if my children or I am eligible?**

You will receive a letter explaining your eligibility, usually within 30 days, but sooner for emergency Food Stamp Program benefits or other extremely urgent situations.

**How do I use the benefits if I get them?**

For Temporary Assistance or Food Stamp Program benefits, you'll get an Alaska Quest Card to use at stores or in ATM machines. Temporary Assistance and Adult Public Assistance benefits can be direct deposited to your bank. Medicaid or CAMA benefits come on Identification Cards. Heating and General Assistance are usually sent to businesses providing services.

**How do I find more info?**

Contact any of the offices listed on this brochure. If you live in a town or village without an office, the Public Assistance Fee Agent can help you. Call your nearest office for more information.

Alaska Division of Public Assistance  
Dept. of Health & Social Services  
P.O. Box 110640  
Juneau, Alaska 99811-0640

Web: <http://www.hss.state.ak.us/dpa/>

**Public Assistance Offices****Anchorage Gambell District Office**

269-6599 or 888-876-2477

**Anchorage Muldoon District Office**

269-0001 or 888-876-2477

**Bethel District Office**

543-2686 or 800-478-2686

**Child Care Program Office**

269-4500 or 888-268-4632

**Coastal Field Office**

269-8950 or 800-478-4372

**Coastal Field Office 2**

269-6529 or 888-318-8890

**Eagle River Job Center**

694-7006 or 269-0001

**Fairbanks District Office**

451-2850 or 800-478-2850

**Heating Assistance**

465-3010 or 800-470-3058

**Homer District Office**

235-6132 or 800-478-9032

**Juneau District Office**

465-3537 or 800-478-3537

**Kenai Peninsula Job Center**

283-2900 or 800-478-9032

**Ketchikan District Office**

225-2135 or 800-478-2135

**Kodiak District Office**

486-3783 or 888-480-3783

**Kotzebue District Office**

442-3451 or 800-478-3451

**Mat-Su District Office**

376-3903 or 800-478-7778

**Nome District Office**

443-2237 or 800-478-2236

**Sitka District Office**

747-8234 or 800-478-8234

# Public Assistance Programs



## Programs Available

### Temporary Assistance

The Alaska Temporary Assistance Program (ATAP) helps low-income families find and keep jobs and provides for the family's basic needs while working towards self-sufficiency. Temporary Assistance is limited to 60 months for most families. It provides a monthly cash benefit, child care and other services to help you get and keep a job. ATAP also provides cash assistance to caretaker relatives of children whose parents are out of the home.

### Food Stamp Program

A well-balanced diet is important to maintaining good health. The Food Stamp program can help individuals and families stretch their monthly food budget. Eligibility for the program depends on the size of a household and the total household income. There are no time limits for working families to get this help. Individuals do not have to receive Temporary Assistance to get Food Stamp Program benefits.

### Adult Public Assistance

The Adult Public Assistance (APA) Program provides financial assistance to low-income needy, aged, blind, and disabled persons. Individuals might be eligible even if they receive Social Security or other retirement or disability benefits. People can receive APA if they are over 65 years old, blind, or have severe and long term disabilities.

### Heating Assistance

The Heating Assistance Program helps eligible low-income households pay for winter heating costs. Heating Assistance is for both renters and home owners. It provides a one-time benefit to eligible households to be used for heat and associated electric bills. You can apply through the mail. Call 1-800-470-3058 for an application.

### CAMA

Chronic and Acute Medical Assistance, or CAMA, is a state funded program designed to help needy Alaskans who have specific illnesses get the medical care they need to manage those illnesses. It is a program primarily for people age 21 to 64 who do not qualify for Medicaid, have little income, and inadequate or no health insurance.

To qualify, an individual must have a terminal illness, cancer that requires chemotherapy, chronic seizure disorder, chronic mental illness, chronic hypertension, **OR** chronic diabetes.

### Medicaid

Medicaid provides medical services to low-income individuals and families. Eligible groups include people over 65, disabled, blind, and families with dependent children. There is no time limit on Medicaid and many working families may qualify.

Medicaid also covers children and pregnant women. The program provides health insurance coverage for children and teens through age 18, and for pregnant women regardless of age, who meet income guidelines.

### Senior Benefits

Senior Benefits pays cash benefits to Alaskan seniors who are age 65 or older and have low to moderate income. Cash payments are \$125, \$175, or \$250 each month depending on income.

### Women, Infants & Children

Women, Infants & Children (WIC) is a nutrition program that helps pregnant women, new mothers, and young children under 5 years old to eat well, learn about good nutrition, and stay healthy. You may qualify for WIC even if you do not receive other types of assistance.

### General Relief Assistance

General Relief Assistance (GRA) provides for the most basic needs of Alaskans without personal resources. To receive GRA, you must have an emergency need and not be eligible for aid through other assistance programs. GRA may pay for shelter or utilities. It also pays to provide burial for the indigent.

### Child Care

The Child Care Assistance Program provides assistance with child care expenses for eligible families who are working or participating in an education or training program. If eligible, you can receive child care assistance for children who are under the age of 13, or up to the age of 19 if your

child has a developmental disability. Eligibility is based on your family size and your gross income (before taxes).



For more information, please call 269-4500 in Anchorage or 1-888-268-4632 statewide.

Division of Public Assistance