STATE OF ALASKA DEPARTMENT OF HEALTH DIVISION OF PUBLIC ASSISTANCE

	DPA Use Onl	у	
DPA Office:		Date:	
Case #:			

DISABILITY AND VOCATIONAL REPORT

Be sure the form is complete. If you need more space for any answer, use another piece of paper. Please print clearly.

NAME:	SSN:
ADDRESS:	PHONE:

I. INFORMATION ABOUT YOUR CURRENT ABILITIES

(Please answer questions by checking Yes or No)		
SEDENTARY WORK ACTIVITIES	Yes	No
Are you able to sit for a continuous period of not less than (30) minutes?		
Are you able to walk a short distance?		
Are you able to lift ten pounds on occasion?		
BASIC WORK ACTIVITIES	Yes	No
Are you able to follow simple instruction?		
Are you able to respond to expected changes in a work or home environment?		
Are you able to see, hear, and speak?		
Are you able to employ judgment to the degree of making safe choices?		
ACTIVITIES OF DAILY LIVING	Yes	No
Are you able to tend to your own personal hygiene?		
Are you able to prepare a simple meal and feed yourself?		
Are you able to utilize basic community resources, like riding the bus or placing a telephone call?		

II. INFORMATION ABOUT TREATING SOURCES

Give name, address, and telephone number of physician(s) and of the hospital or clinic where you have received treatment for the condition(s) that disabled you. For more than four providers, make a copy of the blank page and attach.

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Name of Physician or clinic /hospital

Telephone number

Date first treated

Address

Date last treated

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В.			
	Name of Physician or clinic /hospital	Telephone number	Date first treated
	Address		Date last treated
C.			
	Name of Physician or clinic /hospital	Telephone number	Date first treated
	Address		Date last treated
D.	Name of Physician or clinic /hospital	Telephone number	Date first treated
	Address		 Date last treated
	Reason for Hospitalization or Ou	itpatient Visits	
	Type of Treatment Received		
Ε.	Have you been seen by other ag	encies for your disability?	Yes 🗌 No 🗌
	(VA, Workmen's Compensation, Vocationa	al Rehabilitation, etc.)	
	Name of agency:		
	Address of agency:		Telephone:
	Name of counselor, examiner, etc.:		
	Approximated dates of visits:	Type of treatment of	examination:
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III. INFORMATION ABOUT YOUR PAST WORK

A. List the jobs you had in the last 15 years before you stopped working. Please start with your most recent and work backwards.

JOB TITLE	TYPE OF BUSINESS	DATES WORKED	DAYS PER WEEK	RATE OF PAY
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				

B. Provide the following information for the first 3 jobs listed above.

JOB #1

Job Title:			
In this job did you: (check yes or no)	Yes	No	
Use machines, tools, or equipment of any kind?			
Use technical knowledge or skills?			
Do any writing, complete reports, or perform similar duties?			
Have supervisory responsibilities?			

Describe the basic duties of this job. Give a full description of types of machines, tools or equipment you used; the technical knowledge and skills involved; the type of writing you did, and the nature of any reports; and the number of people you supervised and the extent of your supervision:

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Describe the kind and amount of physical activity this job involved of you spent each day on each activity below:	luring a t	ypic	al d	ay.	Circ	le ho	ı wc	many hours
How many hours each day did you spend walking?	1	2	3	4	5	6	7	8
How many hours each day did you spend standing?	1	2	3	4	5	6	7	8
How many hours each day did you spend sitting?	1	2	3	4	5	6	7	8
Circle how often you spent each day on each activity below:								
Bending	NE	VER	C	CCA	SIO	NAL	LY	FREQUENTLY
Reaching	NE	VER	C	CCA	SIO	NAL	LY	FREQUENTLY
Lifting and carrying: Describe below what kind of objects or material	was lifte	d, h	owı	man	y tin	nes a	a da	y you lifted
this material, and how far you carried it:								
· · ·								

JOB #2

Yes	No			
	Yes	Yes No	Yes No	Yes No

Describe the basic duties of this job. Give a full description of types of machines, tools or equipment you used; the technical knowledge and skills involved; the type of writing you did, and the nature of any reports; and the number of people you supervised and the extent of your supervision:

Describe the kind and amount of physical activity this job involved during a typical day. Circle how many hours you spent each day on each activity below:

How many hours each day did you spend walking?	1	2	3	4	5	6	7	8
How many hours each day did you spend standing?	1	2	3	4	5	6	7	8
How many hours each day did you spend sitting?	1	2	3	4	5	6	7	8
Circle how often you spent each day on each activity below:								
Bending	NE	VER	O	CCA	SIO	NAL	LY	FREQUENTLY
Reaching	NE	VER	O	CCA	SIO	NAL	LY	FREQUENTLY

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Lifting and carrying: Describe below what kind of objects or material was lifted, how many times a day you lifted this material, and how far you carried it: _____

JOB #3

Job Title:		
In this job did you: (check yes or no)	Yes	No
Use machines, tools, or equipment of any kind?		
Use technical knowledge or skills?		
Do any writing, complete reports, or perform similar duties?		
Have supervisory responsibilities?		

Describe the basic duties of this job. Give a full description of types of machines, tools or equipment you used; the technical knowledge and skills involved; the type of writing you did, and the nature of any reports; and the number of people you supervised and the extent of your supervision:

you spent each day on each activity below:								
How many hours each day did you spend walking?	1	2	3	4	5	6	7	8
How many hours each day did you spend standing?	1	2	3	4	5	6	7	8
How many hours each day did you spend sitting?	1	2	3	4	5	6	7	8
Circle how often you spent each day on each activity below:								
Bending	NE	VER	О	CCA	SIO	NALI	LY	FREQUENTLY
Reaching	NE	VER	O	CCA	SIO	NALI	LY	FREQUENTLY
Lifting and carrying: Describe below what kind of objects or ma	terial was lifte	d, h	ı wc	man	y tin	nes a	a da	y you lifted

IV. EDUCATION AND TRAINING

What is the highest grade of school that you completed?

Have you gone to trade or vocational school or had any type of special training? If so, please give type of school or training, approximate dates you attended and how this school or training was used in any work you did.

If you do not speak or write English, or would otherwise have difficulty completing disability forms, or you would have difficulty in traveling to a medical examination, please provide us with a name, address, and phone number of someone who can assist you.

Name:	Phone:
Address:	

REMARKS: Use this section for additional space to answer any previous questions and to provide any additional information that you think will be helpful in making a decision on your application.

Please read and sign below:

I understand that this report will be used in conjunction with documenting my claim for Adult Public Assistance. I understand the information requested on this form is voluntary, but failure to provide all or any part of the requested information may affect the determination of my claim.

Signature of Adult Applicant:		
	Signature	Date (month/day/year)
Witness if signed with an "X":		
	Signature	Date (month/day/year)
Signature of Authorized Representative	:	
	Signature	Date (month/day/year)